



## THERAPY INTERN DESCRIPTION

Galveston, Texas

### JOB SUMMARY

Therapy interns will provide individual therapy to adult and minor survivors of domestic and sexual violence from a client-centered, empowered, and feminist perspective. Opportunities to provide group and psychoeducational groups will also be available depending on the primary needs of the program.

### ESSENTIAL INTERNSHIP FUNCTIONS

- Conduct clinical activities such as independent assessments and service interventions as directed by the treatment plan and or identified client needs.
- Provide evidence based therapeutic interventions in individual, family, and group settings.
- Maintains documentation including, but not limited to, intake/assessments, progress notes, treatment plans, termination summaries, monthly statistical report, and database input.
- Learn and report data to RCC grantors.
- Occasionally participate in team meetings.
- Report essential information regarding clients to the supervisor.
- Adhere to all agency policies and procedures, including maintaining client confidentiality and ethical documentation practices.
- As needed, perform crisis management (e.g., assess and determine suicide risk, make appropriate referral, and document accordingly).
- Other duties as assigned.

### SCHEDULE

Therapy Interns must be available during M-F 9:00 am – 5:00 pm business hours for their internship hours. Supervision may be given in groups along with other interns and will only be offered during business hours. Interns can complete weekend hours if desired; however, student must be available for training and supervision during business days (M-F) and business hours (9:00 am – 5:00 pm)

### SUPERVISION RESPONSIBILITY

This position reports to a Field Supervisor and Task Supervisor. There are no direct reports to this position.

#### Field Supervisor:

- Responsible for weekly, reflective supervision to work towards achieving intern's learning objectives, goals, competencies, and progress
- Reinforce the student's identification with the purposes, values, and ethics of the profession

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- Foster the integration of empirical and practice-based knowledge; and to promote the development of professional skills and competencies

#### **Task Supervisor**

- Orient intern to agency and their specific program
- Responsible for Intern’s learning on a particular task, case, project, or experience
- Provide primary, direct supervision of daily activities
- Work in collaboration with the Field Instructor to ensure that the Interns learning goals

### **PHYSICAL DEMANDS/ WORK ENVIRONMENT**

The physical demands described here are representative of those that must be met by an intern to successfully perform the essential functions of this internship. While performing the functions of this internship, the employee is regularly required to stand; walk; sit; use hands to operate various office machines and/or equipment; and reach with hands and arms. The employee frequently is required to speak and hear clearly. The employee is frequently required to stoop, kneel, crouch, crawl, and lift approximately 20 lbs.

Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

The work environment characteristics described herein are representative of those an employee/intern/volunteer encounters while performing the essential functions of this role which is primarily an office environment.

### **TRAINING**

Therapy interns must be willing to complete onboarding training prior to official “start” of internship. These hours (about 20-30 hours) will not count for internship non-contact hours, as they need to be completed before interns begin interacting with clients at the Resource and Crisis Center.

### **EDUCATION & EXPERIENCE**

#### **Required:**

- Completing a master’s Degree from a CSWE (Council on Social Work Education)-accredited social work program, CACREP (Council for Accredited Counseling Related Education Programs), or CAMPP (Council of applied masters programs in psychology)-affiliated psychology program.
- Knowledge in evidence-based counseling practices and methods.
- Possess the ability to communicate effectively verbally and in writing.
- Possess excellent organizational, interpersonal, and planning skills.
- Must be able to establish rapport with others as a requisite for healthy and therapeutic relationships.
- Must be able to present oneself in an appropriately personable and professional manner to clients and staff.



- Must be able to weigh and evaluate personal needs, client needs and the aims and policies of RCCGC, and to respond and negotiate these competing needs as appropriate.
- Must be able to remain calm and supportive in psychological emergencies and/or crises.
- Must have an enhanced level of self-awareness around how he or she relates to others and an ability to effectively modify this personal style as conditions warrant.

**Preferred:**

- Knowledge (educationally or experientially) of skill in any or all of the following: crisis intervention; hotline and emergency response; victim's rights and available services; domestic violence; sexual violence; law enforcement and court procedures.
- Knowledge (educationally or experientially) with trauma theory and working with survivors of trauma.



I have received, reviewed, and fully understand this internship description. I understand that I am responsible for the satisfactory execution of the all the essential functions as described. I understand that these internships are unpaid by the agency.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_